

Sydney Sock – knit in Maizy Advanced ver. 2 - March 2008

Designed & Knit by Janice Kang for Crystal Palace Yarns

Test knit by Nicola Swinnerton



Description: *Sydney is a toe-up sock that begins with a provisional cast on & continues with a short row toe. The unique gusset & flap heel design does not require picking up stitches, and the sewn cast off provides a neat finish with plenty of stretch. This pattern contains charts as well as written out instructions for the stitch patterns.*

Sizes:

Woman's Medium (Large), US woman's shoe size 7-8 (9-10)

Dimensions: [See diagram at lower right]

A: End of toe to beg of gusset incs, this dimension is variable & determined by knitter.

Medium sock shown: 5-1/2 in; Large sock shown below: 5-3/4 in.

B: Gusset incs to back of heel: 4-1/4 (4-1/2) in.

C: Top cuff to top of heel flap: 6-3/4 (7) in.

Yarn:

2 (3) 50 gr balls - Crystal Palace Yarns Maizy, corn fiber yarn (204 yds/50 gr)

Note: This sock also knits beautifully in **Panda Wool** – see photos on Crystal Palace Yarns web site.

Needles: **Crystal Palace Bamboo DP Needles** (set of 5) US 1 (2.25mm) or size needed to obtain gauge.

Notions: Fingering weight waste yarn; Crochet hook (if using a crochet provisional CO); Darning needle

Gauge: 16.5 sts & 23 rnds = 2x2 in. in stockinette st

Abbreviations:

Beg: begin(ning); **Bet:** between; **CO:** cast on; **Cont:** continue; **DN:** darning needle; **DPN:** double pointed needle; **Est:** established; **Inc(s):** increase(s); **K:** knit; **K2tog:** knit 2 together; **K2togtbl:** knit 2 together through back loops; **KLL:** lift loop 2 sts below last completed st on right needle, place loop on left needle & K it.

[Video of KLL: <http://www.knittinghelp.com/knitting/videos/increase/kll-english-rds.mpg>]

KRL: lift loop just below st on left needle, place loop onto left needle & K it;

[Video of KRL: <http://www.knittinghelp.com/knitting/videos/increase/krl-english-rds.mpg>]

Ktbl: K through back of loop.; **P:** purl; **P2sso:** pass slipped 2 sts over st that was just worked; **P2tog:** purl 2 together; **PRL:** lift loop just below st on left needle; place loop onto left needle & purl it; **PU:** pick up; **RCS:** Right Crossed Stitch - sl1kw, put st back onto left needle & K it; **Rem:** remain(ing); **Rep:** repeat; **Rnd(s):** round(s); **RS:** right side or public side; **Sl:** slip st as if to purl; **Sl1kw:** slip 1 st as if to K; **Sl1pw:** slip 1 st as if to purl; **Sl1wyib:** slip 1 as if to purl with yarn in back; **Sl1wyif:** slip 1 as if to purl with yarn in front; **Sl2tog:** slip 2 sts together; **Sl2togk1p2sso:** Slip 2 sts together as if to K, knit 1, pass 2 slipped sts over; **Ssk:** slip 2 sts individually as if to K, then K those 2 sts together through back loops; **St(s):** stitch(es); **Tog:** together; **W&T(RS):** Wrap & Turn(RS) - yif, sl1, yib, put slipped st back on left needle, turn; **W&T(WS):** Wrap & Turn(WS) - yib, sl1, yif, put slipped st back on left needle, turn; **WS:** wrong side or private side; **Yif:** yarn in front; **Yib:** yarn in back; **YO:** yarn over.

Notes:

Instructions for a crochet provisional CO can be found at

<http://www.pagebypage.com/provisional.php#creating>

Directions:

Cast on & Short Row Toe: Using provisional CO technique & waste yarn, CO 32 (36) sts onto a DPN.

Row 1 (RS): Using project yarn, k all sts. Turn.

Row 2 (WS): P until there are 2 sts on left needle. W&T(WS).

Row 3 (RS): K until there are 2 sts on left needle. W&T(RS).

Row 4 (WS): P to last unwrapped st, but do not P it. W&T(WS).

Row 5 (RS): K to last unwrapped st, but do not K it. W&T(RS).

Repeat rows 4 & 5 until there are 10 (12) unwrapped sts rem. End after completing a RS row.

Toe increases:

Row 1 (WS): P across to first wrapped st & P it; with your left needle, PU wrap & leave it on left needle. Turn.

Row 2: K to first wrapped st & K it; with left needle, PU wrap & leave it on left needle. Turn.

Row 3: P to wrap that you put on needle & P it tog with next st; PU wrap onto your left needle. Turn.

Row 4: K to wrap that you put on needle & K it tog with next st; PU wrap onto your left needle. Turn.

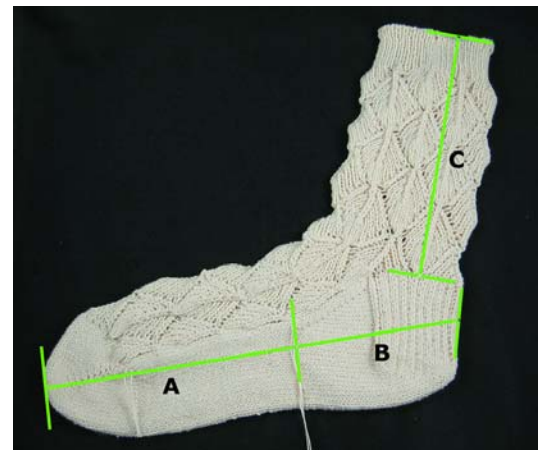
Rep Rows 3 & 4 of toe incs until 1 picked up wrap & 2 sts rem on each end of needle. Work Row 3 once more.

K to wrap that you put on needle & K it together with next st; PU wrap, leave it on your left needle, & K it together with last st on needle.

PU 32 (36) sts from provisional CO & divide evenly onto 2 DPNs (these are Needles 3 & 4); K all sts on Needles 3 & 4.



Above "Sydney" is knit in #9463, "antique" color Maizy, size Medium
Below is Large size in #1209 "corn"



Set-up rnd 1: Onto an empty needle, K first st tog with picked up wrap, k15 (17) [16 (18) sts] on needle 1; onto an empty needle, k16 (18) & K 1 st from next needle in rnd [17 (19) sts] on Needle 2; Needle 3: K all sts [15 (17) sts]; Needle 4: k14 (16) sts; transfer last 2 sts onto next needle in rnd.

Needle 1--18 (20) sts, Needle 2--17 (19) sts, Needle 3--15 (17) sts, Needle 4--14 (16) sts. [64 (72) sts total].

Set-up rnd 2:

Needle 1: K3, (p1, k1) 3 times, k0 (1), yo, k1, yo, k0 (1), (k1, p1) 3 times, k2;

Needle 2: (k1, p1) 3 times, k1 (2), yo, k1, yo, k0 (1), (k1, p1) 3 times, k3;

Needles 3 & 4: K all sts.

Needle 1—20 (22) sts, Needle 2—19 (21) sts, Needle 3—15 (17) sts, Needle 4--14 (16) sts. [68 (76) sts total]

Foot

Work the instep on Needles 1 & 2 by repeating rounds 1-16 (1-18) of Chart A and k sole sts on Needles 3 & 4 until sock is approximately 4-1/4 (4-1/2) inches shorter than the total desired length of the sole of the sock.

End the foot with a round between rounds 1-8 or 13-16 (1-13 or 18) of the pattern. Work fewer or additional rnds if necessary in order to finish with a round number in this range. This is to ensure the set-up rnd for cuff does not begin on rnd 7-10 (8-11), making it easier to resume stitch pattern. Insert a lifeline in case you need to adjust length of foot later.



Gusset Increases

Rnd 1 of gusset increases:

Needles 1 & 2: Cont in est. pattern [Chart A]; needle 3: k1, KRL, k rem sts; needle 4: k until 1 st rem on left needle, KLL, k1.

Rnd 2 of gusset increases:

Needles 1 & 2: Cont in est. pattern [Chart A]; needles 3 & 4: K all sts.

Repeat these 2 rnds until there are 30 (32) sts on Needle 3 & 29 (31) sts on Needle 4.

Needle 1 [20 (22) sts], Needle 2 [19 (21) sts]. 98 (106) sts total.

Heel Counter

Row 1 (RS): Needles 1 & 2: Cont in est. pattern [Chart A]; needle 3: k all sts; needle 4: k10 (11), W&T(RS). Note which rnd in Chart A just completed. Resume with next rnd number in Cuff instructions. *Make Note:* Chart A rnd completed: _____ .

Row 2 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p11 (12), W&T (WS). Needle 4--30 (32) sts.

Row 3 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k9 (10), W&T (RS). Needle 3--31 (33) sts.

Row 4 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p10 (11), W&T (WS). Needle 4--31 (33) sts.

Row 5 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k8 (9), W&T (RS). Needle 3--32 (34) sts.

Row 6 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p9 (10), W&T (WS). Needle 4--32 (34) sts.

Row 7 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k7 (8), W&T (RS). Needle 3--33 (35) sts.

Row 8 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p8 (9), W&T (WS). Needle 4--33 (35) sts.

Row 9 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k6 (7), W&T (RS). Needle 3--34 (36) sts.

Row 10 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p7 (8), W&T (WS). Needle 4--34 (36) sts.

Row 11 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k5 (6), W&T (RS). Needle 3--35 (37) sts.

Row 12 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p6 (7), W&T (WS). Needle 4--35 (37) sts.

Row 13 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k4 (5), W&T (RS). Needle 3--36 (38) sts.

Row 14 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p5 (6), W&T (WS). Needle 4--36 (38) sts.

Row 15 (RS): Needle 3: K2, KRL, k rem sts; needle 4: k3 (4), W&T (RS). Needle 3--37 (39) sts.

Row 16 (WS): Needle 4: P2, PRL, p rem sts; needle 3: p4 (5), W&T (WS). Needle 4--37 (39) sts.

Large Size only--Row 16b (RS): Needle 3: K2, KRL, k rem sts; needle 4: k3, W&T (RS). Needle 3--40 sts.

Large Size only--Row 16c (WS): Needle 4: P2, PRL, p rem sts; needle 3: p4, W&T (WS). Needle 4--40 sts.

All Sizes--Row 17 (RS):

Needle 3: K2, KRL, k rem sts;

Needle 4: k3, *k1, sl1, with left needle, PU wrap of slipped st, leave on left needle & return slipped st onto left needle; K wrap & slipped st tog*, rep bet *'s 7 (8) more times. Turn.

All Sizes--Row 18 (WS):

Needle 4: Sl1, p rem sts;

Needle 3: p4, *p1, sl1, with left needle, PU wrap of slipped st, leave on left needle, & return slipped st onto left needle; P wrap & slipped st tog*, rep bet *'s 7 (8) more times. Turn.

Heel Flap

Row 1 (RS): Needle 3: Sl1kw, k rem sts, k1 st from needle 4 onto needle 3; needle 4: k17 (19), sl1pw, sl1kw, return 2 slipped sts to left needle & k2togtbl. Turn.

Row 2 (WS): Needle 4: Sl1pw, p rem sts; needle 3: p20 (22), p2tog. Turn.

Row 3 (RS): Needle 3: Sl1kw, *k1, sl1pw*, repeat from * across; needle 4: k1, *sl1pw, k1*, repeat from * 7 (8) more times, sl1pw, sl1kw, return 2 slipped sts to left needle & k2togtbl. Turn.

Repeat Rows 2 & 3 of heel flap until all of gusset sts on needle 4 have been joined to heel flap. Do not turn. Needle 3--22 (24) sts, needle 4--18 (21) sts.

Cuff

If the last Chart A round worked in Heel Counter was 1-7 or 16 (1-8 or 18), work following sts from needle 1 onto needle 4: k1, ssk. Otherwise, k2 sts from needle 1 onto needle 4.

Note: The beginning of the round is now at the center of the heel. The next needle in the round begins the instep and is now Needle 2. Note that there are extra sts in Chart B that are worked at the beginning of needle 1 and at the end of needle 4.

Set-up round:

Needle 2: Work next round of the pattern from Chart B; for example, if the last completed round from Chart A in the Heel Counter section was 11, work round 12 from Chart B;

Needle 3: work the cuff stitch pattern [Chart B];

- if on rnd 9-16 (10-18), slip remaining st onto needle 4;

- all other rounds, end the needle with sl2togk1p2sso;

Needle 4:

- if on rnd 9-16 (10-18), k1, p2tog, then continue with the 3rd st of Chart B;

- all other rounds, k2tog and continue with 2nd st of Chart B.

Continue in est. pattern [Chart B] completing approximately 3 repeats of Chart B or until desired length is reached, ending after completing rnd 3 (3) or rnd 11 (12).

Ribbing

If you ended cuff pattern with rnd 3 (3), follow these instructions for 2 set-up rnds & rib.

Medium Size Set-up rnd 1: K1, ssk, *(k1, p1, k3) 3 times, p1, k1, sl2tog kwise, k1 from the next needle, p2sso, rep from * 2 more times; k1, (p1, k3) 3 times, p1, k1, k2tog, (k1, p1) twice. Needle 1—18 sts, Needles 2 & 3—16 sts each, Needle 4—20 sts, 70 sts total.

Medium Size Set-up rnd 2: K2, *k1, p1, k3, p1, sl2togk1p2sso, p1, k3, p1, k2, rep from * 3 more times; (k1, p1) twice. Needle 1—16 sts, Needles 2 & 3—14 sts each, Needle 4—18 sts, 62 sts total.

Large Size Set-up rnd 1: K1, ssk, *(k1, p1) twice, k2, p1, k3, p1, k2, (p1, k1) twice, sl2tog kwise, k1 from the next needle, p2sso, rep from * 2 more times; (k1, p1) twice, k2, p1, k3, p1, k2, (p1, k1) twice, k2tog, (k1, p1) twice. Needle 1—20 sts, Needles 2 & 3—18 sts each, Needle 4—22 sts, 78 sts total.

Large Size Set-up rnd 2: K2, *(k1, p1) twice, k2, p1, sl2togk1p2sso, p1, k2, (p1, k1) twice, k1, rep from * 3 more times; (k1, p1) twice. Needle 1—18 sts, Needles 2 & 3—16 sts each, Needle 4—20 sts, 70 sts total.

All sizes: Cont in Rib Pattern until ribbing measures 1 inch.

Medium Size Rib Pattern: K2, *k1, p1, k3, p1, k1, p1, k3, p1, k2, rep from * 3 more times; (k1, p1) twice.

Large Size Rib Pattern: K2, *(k1, p1) twice, k2, p1, k1, p1, k2, (p1, k1) twice, k1, rep from * 3 more times; (k1, p1) twice.

All sizes: Cont with instructions for Sewn Cast off.

If you ended cuff pattern with rnd 11 (12), follow these instructions for 2 set-up rnds & rib.

Medium Size Set-up rnd 1: K2, *k1, p1, k3, p1, k1, sl2togk1p2sso, k1, p1, k3, p1, k2, rep from * 3 more times; (k1, p1) twice. Needle 1—18 sts, Needles 2 & 3—16 sts each, Needle 4—20 sts, 70 sts total.

Medium Size Set-up rnd 2: K1, ssk, *(p1, k3) 3 times, p1, sl2tog kwise, k1 from the next needle, p2sso, rep from * 2 more times, (p1, k3) 3 times, p1, k2tog, (k1, p1) twice. Needle 1—16 sts, Needles 2 & 3—14 sts each, Needle 4—18 sts, 62 sts total.

Large Size Set-up rnd 1: K2, *k1, p1, k2, (p1, k1) twice, sl2togk1p2sso, (k1, p1) twice, k2, p1, k2, rep from * 3 more times; (k1, p1) twice. Needle 1—20 sts, Needles 2 & 3—18 sts each, Needle 4—22 sts, 78 sts total.

Large Size Set-up rnd 2: K1, ssk, *p1, k2, p1, k1, p1, k3, p1, k1, p1, k2, p1, sl2tog kwise, k1 from the next needle, p2sso, rep from * 2 more times; p1, k2, p1, k1, p1, k3, p1, k1, p1, k2, p1, ktog, (k1, p1) twice. Needle 1—18 sts, Needles 2 & 3—16 sts each, Needle 4—20 sts, 70 sts total.

All sizes: Cont in Rib Pattern until ribbing measures 1 inch.

Medium Size Rib Pattern: K2, *(p1, k3) 3 times, p1, k1, rep from * 3 more times, (k1, p1) twice.

Large Size Rib Pattern: K2, * p1, k2, p1, k1, p1, k3, p1, k1, p1, k2, p1, k1, rep from * 3 more times, (k1, p1) twice.

All sizes: Cont with instructions for Sewn Cast off.

Sewn Cast off

Cut project yarn, leaving a generous length of yarn. Thread end into darning needle (DN) & cast off starting with sts on *Needle 1*:

1. Insert DN wise into first 2 sts and draw the yarn through.

2. Insert DN wise into the first st, draw the yarn through and slip the st off the knitting needle.

Repeat steps 1-2 until you have bound off all sts. Weave in ends & enjoy!

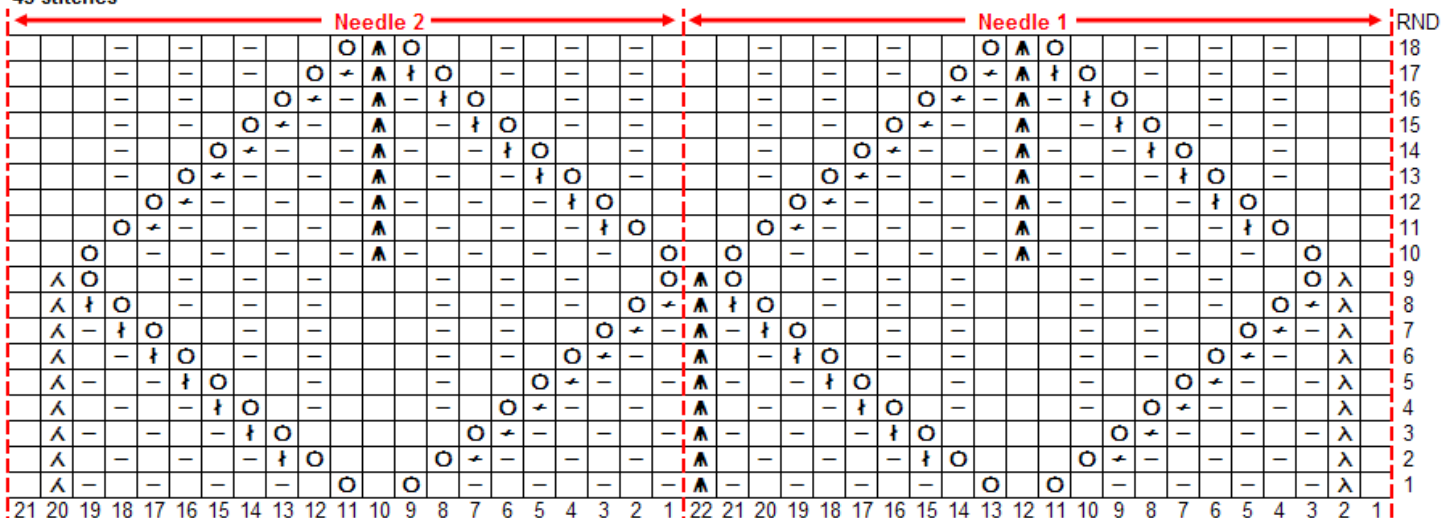
About the Designer

Janice Kang lives in California and has been an avid knitter for many years.

You can see more of her work on her blog, <http://knitflix.blogspot.com>

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Sydney - Large
Chart A - Instep
43 stitches



- Knit
- Purl
- Yo
- λ Ssk
- ▲ K2tog
- ▲ Sl2togk1p2sso

Note: When a double decr occurs at the end of a needle, sl2tog knitwise, k1 from the next needle, p2sso.

- ↔ RCS
- | Ktbl

**Sydney - Large
Chart A - Instep**

This stitch pattern is for instep on needles 1 & 2. Refer to pattern for instructions for needles 3 & 4.

- Rnd 1:* Needle 1: K, ssk, (p1, k1) 4 times, yo, k1, yo, (k1, p1) 4 times, sl2tog knitwise, k1 from next needle, p2sso; needle 2: (p1, k1) 4 times, yo, k1, yo, (k1, p1) 4 times, k2tog, k1.
- Rnd 2:* Needle 1: K, ssk, (k1, p1) 3 times, RCS, yo, k3, yo, ktbl, (p1, k1) 3 times, sl2tog knitwise, k1 from next needle, p2sso; needle 2: (k1, p1) 3 times, RCS, yo, k3, yo, ktbl, (p1, k1) 3 times, k2tog, k1.
- Rnd 3:* Needle 1: K, ssk, (p1, k1) 2 times, p1, RCS, yo, k5, yo, ktbl, (p1, k1) 2 times, p1, sl2tog knitwise, k1 from next needle, p2sso; needle 2: (p1, k1) 2 times, p1, RCS, yo, k5, yo, ktbl, (p1, k1) 2 times, p1, k2tog, k1.
- Rnd 4:* Needle 1: K, ssk, (k1, p1) 2 times, RCS, yo, k1, p1, k3, p1, k1, yo, ktbl, (p1, k1) 2 times, sl2tog knitwise, k1 from next needle, p2sso; needle 2: (k1, p1) 2 times, RCS, yo, k1, p1, k3, p1, k1, yo, ktbl, (p1, k1) 2 times, k2tog, k1.
- Rnd 5:* Needle 1: K, ssk, p1, k1, p1, RCS, yo, k2, p1, k3, p1, k2, yo, ktbl, p1, k1, p1, sl2tog knitwise, k1 from next needle, p2sso; needle 2: p1, k1, p1, RCS, yo, k2, p1, k3, p1, k2, yo, ktbl, p1, k1, p1, k2tog, k1.
- Rnd 6:* Needle 1: K, ssk, k1, p1, RCS, yo, (k1, p1) 2 times, k3, (p1, k1) 2 times, yo, ktbl, p1, k1, sl2tog knitwise, k1 from next needle, p2sso; needle 2: k1, p1, RCS, yo, (k1, p1) 2 times, k3, (p1, k1) 2 times, yo, ktbl, p1, k1, k2tog, k1.
- Rnd 7:* Needle 1: K, ssk, p1, RCS, yo, k2, (p1, k1) 2 times, k2, (p1, k1) 2 times, k1, yo, ktbl, p1, sl2tog knitwise, k1 from next needle, p2sso; needle 2: p1, RCS, yo, k2, (p1, k1) 2 times, k2, (p1, k1) 2 times, k1, yo, ktbl, p1, k2tog, k1.
- Rnd 8:* Needle 1: K, ssk, RCS, yo, (k1, p1) 3 times, k3, (p1, k1) 3 times, yo, ktbl, sl2tog knitwise, k1 from next needle, p2sso; needle 2: RCS, yo, (k1, p1) 3 times, k3, (p1, k1) 3 times, yo, ktbl, k2tog, k1.
- Rnd 9:* Needle 1: K, ssk, yo, k2, (p1, k1) 3 times, k2, (p1, k1) 3 times, k1, yo, sl2tog knitwise, k1 from next needle, p2sso; needle 2: yo, k2, (p1, k1) 3 times, k2, (p1, k1) 3 times, k1, yo, k2tog, k1.
- Rnd 10:* Needle 1: K2, yo, (k1, p1) 4 times, sl2togk1p2sso, (p1, k1) 4 times, yo, k1; needle 2: yo, (k1, p1) 4 times, sl2togk1p2sso, (p1, k1) 4 times, yo, k2.
- Rnd 11:* Needle 1: K3, yo, ktbl, (p1, k1) 3 times, sl2togk1p2sso, (k1, p1) 3 times, RCS, yo, k2; needle 2: k1, yo, ktbl, (p1, k1) 3 times, sl2togk1p2sso, (k1, p1) 3 times, RCS, yo, k3.
- Rnd 12:* Needle 1: K4, yo, ktbl, (p1, k1) 2 times, p1, sl2togk1p2sso, (p1, k1) 2 times, p1, RCS, yo, k3; needle 2: k2, yo, ktbl, (p1, k1) 2 times, p1, sl2togk1p2sso, (p1, k1) 2 times, p1, RCS, yo, k4.
- Rnd 13:* Needle 1: K3, p1, k1, yo, ktbl, (p1, k1) 2 times, sl2togk1p2sso, (k1, p1) 2 times, RCS, yo, k1, p1, k2; needle 2: k1, p1, k1, yo, ktbl, (p1, k1) 2 times, sl2togk1p2sso, (k1, p1) 2 times, RCS, yo, k1, p1, k3.
- Rnd 14:* Needle 1: K3, p1, k2, yo, ktbl, p1, k1, p1, sl2togk1p2sso, p1, k1, p1, RCS, yo, k2, p1, k2; needle 2: k1, p1, k2, yo, ktbl, p1, k1, p1, sl2togk1p2sso, p1, k1, p1, RCS, yo, k2, p1, k3.
- Rnd 15:* Needle 1: K3, (p1, k1) 2 times, yo, ktbl, p1, k1, sl2togk1p2sso, k1, p1, RCS, yo, (k1, p1) 2 times, k2; needle 2: (k1, p1) 2 times, k1, yo, ktbl, p1, k1, sl2togk1p2sso, k1, p1, RCS, yo, (k1, p1) 2 times, k3.
- Rnd 16:* Needle 1: K3, (p1, k1) 2 times, k1, yo, ktbl, p1, sl2togk1p2sso, p1, RCS, yo, k2, (p1, k1) 2 times, k1; needle 2: (k1, p1) 2 times, k2, yo, ktbl, p1, sl2togk1p2sso, p1, RCS, yo, k2, (p1, k1) 2 times, k2.
- Rnd 17:* Needle 1: K3, (p1, k1) 3 times, yo, ktbl, sl2togk1p2sso, RCS, yo, (k1, p1) 3 times, k2; needle 2: (k1, p1) 3 times, k1, yo, ktbl, sl2togk1p2sso, RCS, yo, (k1, p1) 3 times, k3.
- Rnd 18:* Needle 1: K3, (p1, k1) 3 times, k1, yo, sl2togk1p2sso, yo, k2, (p1, k1) 3 times, k1; needle 2: (k1, p1) 3 times, k2, yo, sl2togk1p2sso, yo, k2, (p1, k1) 3 times, k2.

